

MORE THAN \$1,400 WORTH OF FREE STUFF UP FOR GRABS! FLIP TO PAGE 12 FOR DETAILS

PREGNANCY & *v*born

ADVENTURE
AWAITS!

**TIPS FOR
TRAVELING
WITH
YOUR TOT**

*Cool essentials
to beat the
heat*

CHIC
MAMA
STYLE

How to
become
the mom
you want
to be

**ROOM
SERVICE**
Nurse
in cozy
comfort

Foods
to fuel
a good
night's
sleep

**SOCIAL
STUDIES**

Develop
baby's
brain with
quality
time

June/July 2019

\$5.99US \$5.99CAN



Display until July 31, 2019

pnmag.com



5 | Sun protection meets adorable in this reversible bucket hat. *Snapper Rock hat, \$35, snapperrock.com* **6** | Hand and face wipes for baby and for everything. *Aveeno Baby wipes, \$4, target.com* **7** | A lightweight mineral sunscreen that goes on sheer and sans white cast. *Babo Botanicals SPF 50, \$20, babobotanicals.com* **8** | A customizable set for mom to join the cool kids. *Kortni Jeane swim top, \$75; bottoms, \$45, kortnijeane.com* **9** | He's a stud from the start. *Kortni Jeane euro swim shorts, \$30, kortnijeane.com* **10** | Elevate her shoe game. *Baby Deer sandals, \$25, baby-deer.com* **11** | Step it up in spots. *Marc Fisher sandals, \$120, zappos.com* **12** | Cool, soothe and refresh hot, irritated skin with a spritz (or three) of rose quartz. *Poppy and Someday rose toner, \$35, poppyandsomeday.com* **13** | Smooth loose bits and improve muscle tone with a contouring cream packed with active marine ingredients. *One Ocean Beauty cellulite night cream, \$125, oneoceanbeauty.com*

